

TEN STEPS from FEAR to POWER

“Thank you so much for delivering the closing speech at our annual Governor’s Conference on Workforce Development. You reflected our theme in your presentation, because you truly did “Achieve Results... and Exceed Expectations”!!As you can see (from enclosed comments), you were quite a hit!

**Governor’s Conference
on Workforce
Development**

“...the conference was great, and in no small measure due to the great keynote speech you delivered. It was timely, on target, and loaded with great ideas for maximizing capabilities. You are really an inspiration.”

**National Association
of Insurance Women**

People often “rise to the occasion” when disaster strikes. While a good thing, how much better would it be to function on a high level all the time? How would your life or work change? What might you accomplish if fear couldn’t stop you and your confidence was high?

Learn to operate from a position of personal power and responsibility. No matter how difficult the situation, you may need time to mourn losses and regroup, but you can bounce back quickly and move forward. Tap your authentic power and become all you were meant to be.

Start now! Get clear about what you want and move beyond limitations with the Ten Steps from Fear to Power.

Participants will learn how to;

- gain clarity about goals
- discover fear triggers and your beliefs about them
- overcome hidden habits with one simple daily reminder
- turn setbacks into opportunities with a 3-D perspective
- increase their individual circle of power with the one-a-day prescription
- use the three Rs to stay focused and move forward
- turn up the flame of passion and joy in work and life
- renew your authentic power daily

We all live in a circle of power. Fear to Power provides the wisdom to understand it, use it, and make it grow.

Note: This program may include a “Circle of Power” assessment.

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